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Baby Bumpkin yoga-inspired class for babies

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Tatty Bumpkin has just launched its new Baby Bumpkin activity program, helping babies become bendy, giggly, clever and strong. All the popular developmental, multi-sensory and creative aspects of the original Tatty Bumpkin class (age 2-7years) have been modified to give babies and mums the opportunity to bond and enjoy a gentle activity that stimulates both mind and body.

The yoga-inspired class is designed by baby yoga specialists and paediatric physiotherapists to help babies' physical and emotional development while joining the Baby Bumpkin character on a fun and magical adventure.

"We're really excited about Baby Bumpkin - it's the natural progression from Tatty Bumpkin. In the same way it offers a unique developmental and fun experience for toddlers, now babies can also benefit." Tatty Bumpkin founder and creative director, Sam Petter said yesterday. "The classes are based around simple stories with movement, songs and props. Parents find the stories easy to remember and replicate at home. There are also simple stretches for mums too. The Baby Bumpkin class is unique in its developmental content, but also in its multi-sensory approach."

Classes take babies and mothers on an adventure with Baby Bumpkin - from flying over Wobble Farm on a butterfly, to meeting a friendly pirate whose best friend is a hungry seagull. Each class contains a serious developmental element, focusing on a different skill each week and is aligned with the government's Early Years Foundation Stage (EYFS).

Baby Bumpkin classes will be rolled out across the country through Tatty Bumpkin's franchise network and enrolments are being taken now.

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